The survey was carried out electronically between 28th Nov and 14th Dec 2018 using Google Forms in the partner schools.

		Number of participants	average
Bajai III.Béla Gimnázium	**1**	**51**	**3,89**
2o Gymnasio Almyrou	**2**	**46**	**4,10**
Integrierte Gesamtschule Nordend	**3**	**63**	**3,80**
Liceul Teoretic Bolyai Farkas	**4**	**31**	**3,57**

The results were evaluated by SPSS, and there were significant differences between the results of certain schools. In general, students marked positive answers to the statements given in all the four participating schools (the total average score is 3.84 out of 5.0).

The most positive attitude is that of the students of the 2o Gymnasio Almyrou (4.0); between the results of the Integrierte Gesamtschule Nordend (3.80) and Bela III Secondary Grammar School of Baja (3.89) there is no statistically significant difference. The students of Liceul Teoretic Bolyai Farkas have the least positive attitude (3.57).

Concerning statements about drugs, the students of Bajai III.Béla Gimnázium marked the second most positive answers; in case of all the other topics they ranked third.

According to the answers of the Romanian students we can say, that most of them eat fruit or vegetables daily but also almost they have fast food, too. Most families cook at home, which means that they have home-made food almost every day. Just one of our pupils drinks soft drinks every day. The others mostly drink water. The alcohol at the parties unfortunately is common, so about a quarter of the pupils said, that they drink alcohol at the parties. Although alcohol is common, fortunately, drugs are not so common, as the answers show us. It seems most of our pupils wouldn't like to try drugs.. So speaking about healthy eating and drugs, we can say, that the situation is not dramatic, but there is way for better.

Greek students have a strong link with healthy eating habits. The fact that Greece is a country with a strong tradition in the Mediterranean diet exerts an inevitable impact on the eating habits of Greek pupils. Thus, from the study of the data of this questionnaire it becomes clear that Greek students eat fruit and vegetables to a great extend and prefer cooked food in their home instead of junk food. It is clear that Greek students do not smoke (there is a strong anti-smoking campaign in the last few years in schools that affects the young people against this habit), they drink alcohol only at parties, and the consumption of soft drinks is quite limited.

Living in a town, where public transport is a weak point, we can notice that most of our pupils come to school in their parent's car, and just few of them walk to school or cycle. However even if they don't do sports, they like going to the parks or to the forest. So they like being in nature.

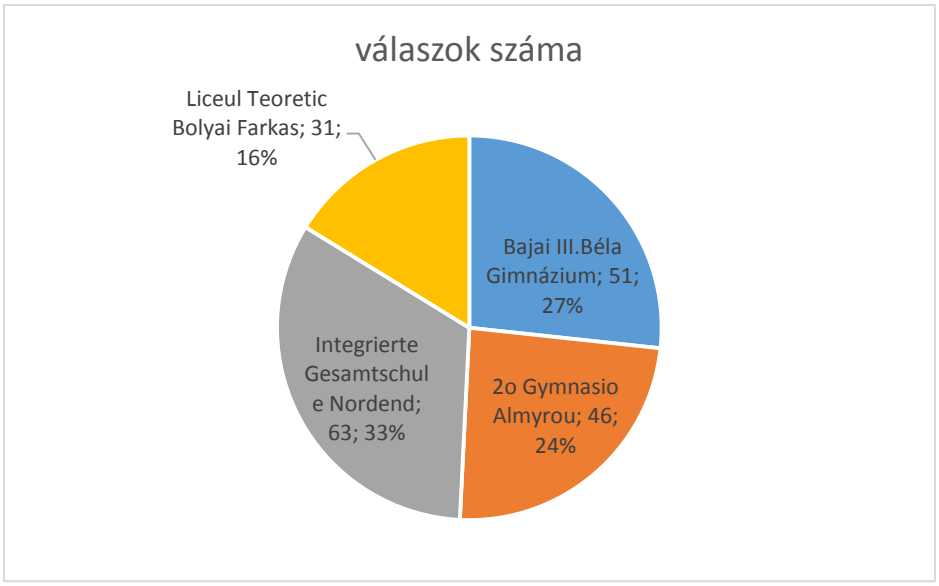
They seem to sleep without nightmares so most of them sleep well. But if they wake up in the night, they have problems going back to sleep. Some of them complain of the lack of sleeping, which can affect their performance at school. They are interested by their messages, but they are not nervous, if they cannot read immediately. So, we can notice that some of them have sleeping disorders.

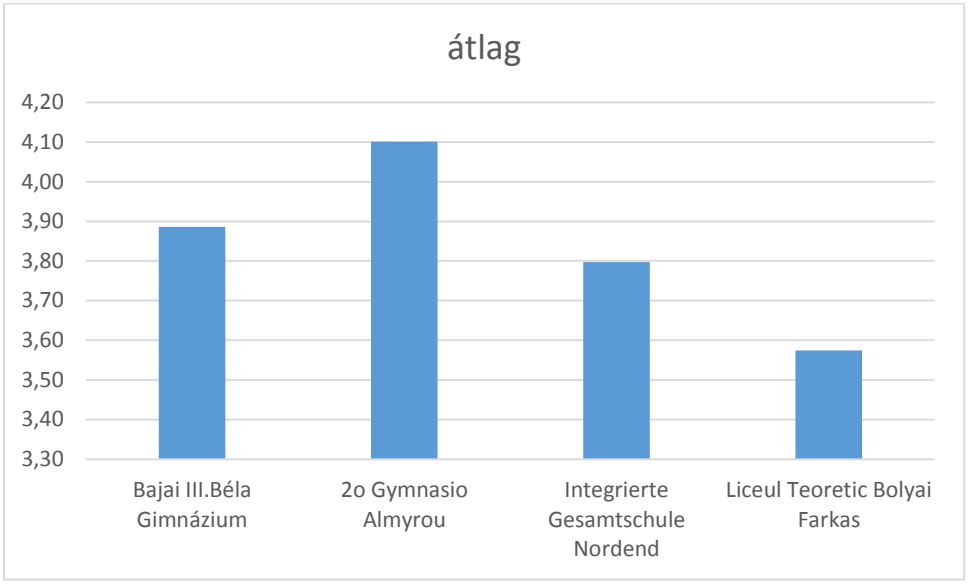
The negative comments affect most of them and only one pupil feels not accepted by his class. Most of them feel totally accepted. In case of bullying, the figure above 3.5 may not be definitely positive, as the fact that so many of the students (4.51) are aware of what bullying is, can mean they have already been involved in it, which should lead to concern and action. So this issue also requires more attention in the future.

Examining the results we were trying to find the topics we should be concerned about, that is, which figures are under 3.5. These were the following:

- fast food consumption
- alcohol consumption
- the amount of sleep students get
- the ability of handling negative comments/self-confidence
- addiction to social media/FOMO (Fear Of Missing Out)

Therefore, during the rest of the project emphasis must be placed on preventive, informative and problem-solving activities and discussions related to the topics above. We hope to have more positive answers in the final questionnaire at the end of the project.


válaszok száma
Liceul Teoretic Bolyai Farkas; 31; 16%
Bajai III.Béla Gimnázium; 51; 27%
Integrierte Gesamtschule Nordend; 63; 33%
2o Gymnasio Almyrou; 46; 24%


átlag
4,20
4,10
4,00
3,90
3,80
3,70
3,60
3,50
3,40
3,30
Bajai III.Béla Gimnázium
2o Gymnasio Almyrou
Integrierte Gesamtschule Nordend
Liceul Teoretic Bolyai Farkas

	a1	a2	a3	a4	a5	a6	a7	a8	a9	a10	a11	a12	a13	a14	a15	a16	a17	a18	a19	a20	***összesen***
1	***5***	***22***	***3***	***4***	***20***	***6***	***7***	***45***	***8***	***18***	***3***	***15***	***10***	***7***	***12***	***20***	***14***	***4***	***4***	***7***	***234***
2	***8***	***28***	***0***	***12***	***18***	***10***	***11***	***15***	***18***	***14***	***10***	***20***	***11***	***21***	***26***	***30***	***29***	***11***	***1***	***13***	***306***
3	***29***	***56***	***18***	***48***	***29***	***13***	***22***	***26***	***55***	***33***	***45***	***32***	***40***	***38***	***54***	***45***	***69***	***22***	***19***	***58***	***751***
4	***65***	***55***	***79***	***69***	***35***	***15***	***16***	***20***	***45***	***29***	***67***	***62***	***80***	***52***	***54***	***56***	***48***	***61***	***26***	***73***	***1007***
5	***84***	***30***	***91***	***58***	***89***	***147***	***135***	***85***	***65***	***97***	***66***	***62***	***50***	***73***	***45***	***40***	***31***	***93***	***141***	***40***	***1522***
átlag	**4,13**	**3,23**	**4,34**	**3,86**	**3,81**	**4,5**	**4,37**	**3,45**	**3,74**	**3,91**	**3,96**	**3,71**	**3,78**	**3,85**	**3,49**	**3,35**	**3,28**	**4,19**	**4,57**	**3,66**	**3,86**
szórás	**0,99**	**1,22**	**0,78**	**0,99**	**1,38**	**1,04**	**1,12**	**1,65**	**1,15**	**1,35**	**0,97**	**1,24**	**1,06**	**1,16**	**1,17**	**1,26**	**1,13**	**0,99**	**0,86**	**1**	**0,45**
rel szórás	**0,24**	**0,38**	**0,18**	**0,26**	**0,36**	**0,23**	**0,26**	**0,48**	**0,31**	**0,35**	**0,24**	**0,33**	**0,28**	**0,3**	**0,34**	**0,38**	**0,34**	**0,24**	**0,19**	**0,27**	**0,12**

Descriptive Statistics

	N	**Mean**	Std. Deviation	Ferdeség		Lapultság	
	Statistic	**Statistic**	Statistic	Statistic	Std. Error	Statistic	Std. Error
a1	191	**4,126**	,9920	-1,171	,176	1,081	,350
a2	191	**3,225**	1,2168	-,299	,176	-,768	,350
a3	191	**4,335**	,7765	-1,481	,176	3,633	,350
a4	191	**3,864**	,9906	-,642	,176	-,018	,350
a5	191	**3,812**	1,3826	-,840	,176	-,620	,350
a6	191	**4,503**	1,0406	-2,089	,176	3,305	,350
a7	191	**4,366**	1,1200	-1,648	,176	1,587	,350
a8	191	**3,445**	1,6498	-,453	,176	-1,454	,350
a9	191	**3,738**	1,1492	-,524	,176	-,571	,350
a10	191	**3,906**	1,3501	-,942	,176	-,384	,350
a11	191	**3,958**	,9670	-,692	,176	,011	,350
a12	191	**3,712**	1,2422	-,769	,176	-,395	,350
a13	191	**3,780**	1,0632	-,904	,176	,496	,350
a14	191	**3,853**	1,1560	-,722	,176	-,437	,350
a15	191	**3,492**	1,1737	-,386	,176	-,669	,350
a16	191	**3,346**	1,2632	-,359	,176	-,884	,350
a17	191	**3,277**	1,1293	-,188	,176	-,575	,350
a18	191	**4,194**	,9943	-1,275	,176	1,148	,350
a19	191	**4,565**	,8551	-2,247	,176	5,197	,350
a20	191	**3,660**	1,0023	-,574	,176	,127	,350
átlag	191	**3,8579**	,44835	-,204	,176	-,303	,350
Valid N (listwise)	191						

kérdések iskolánként, amennyiben van eltérés

a3

Tukey B[a,b]

iskola	N	Subset for alpha = 0.05	
		1	2
3	63	4,079	
1	51	4,294	4,294
4	31		4,516
2	46		4,609

a5

Tukey B[a,b]

iskola	N	Subset for alpha = 0.05	
		1	2
4	31	3,355	
1	51	3,431	
3	63	3,810	
2	46		4,543

a6

Tukey B[a,b]

iskola	N	Subset for alpha = 0.05	
		1	2
3	63	4,190	
4	31	4,323	4,323
1	51		4,725
2	46		4,804

a7

Tukey B[a,b]

iskola	N	Subset for alpha = 0.05	
		1	2
4	31	3,516	
1	51		4,431
3	63		4,540
2	46		4,630

a8

Tukey B[a,b]

iskola	N	Subset for alpha = 0.05	
		1	2
4	31	2,419	
1	51		3,333
2	46		3,478
3	63		4,016

a10

Tukey B[a,b]

iskola	N	Subset for alpha = 0.05		
		1	2	3
4	31	2,774		
3	63		3,683	
2	46			4,370
1	51			4,451

a15

Tukey B[a,b]

iskola	N	Subset for alpha = 0.05	
		1	2
4	31	3,194	
1	51	3,275	
3	63	3,524	3,524
2	46		3,891

öszesen:

átlag

Tukey B[a,b]

iskola	N	Subset for alpha = 0.05		
		1	2	3
4	31	**3,5742**		
3	63		**3,7968**	
1	51		**3,8863**	
2	46			**4,1011**

Faktoranalízis (kérdőív struktúrája) kérdések csoportba foglalása

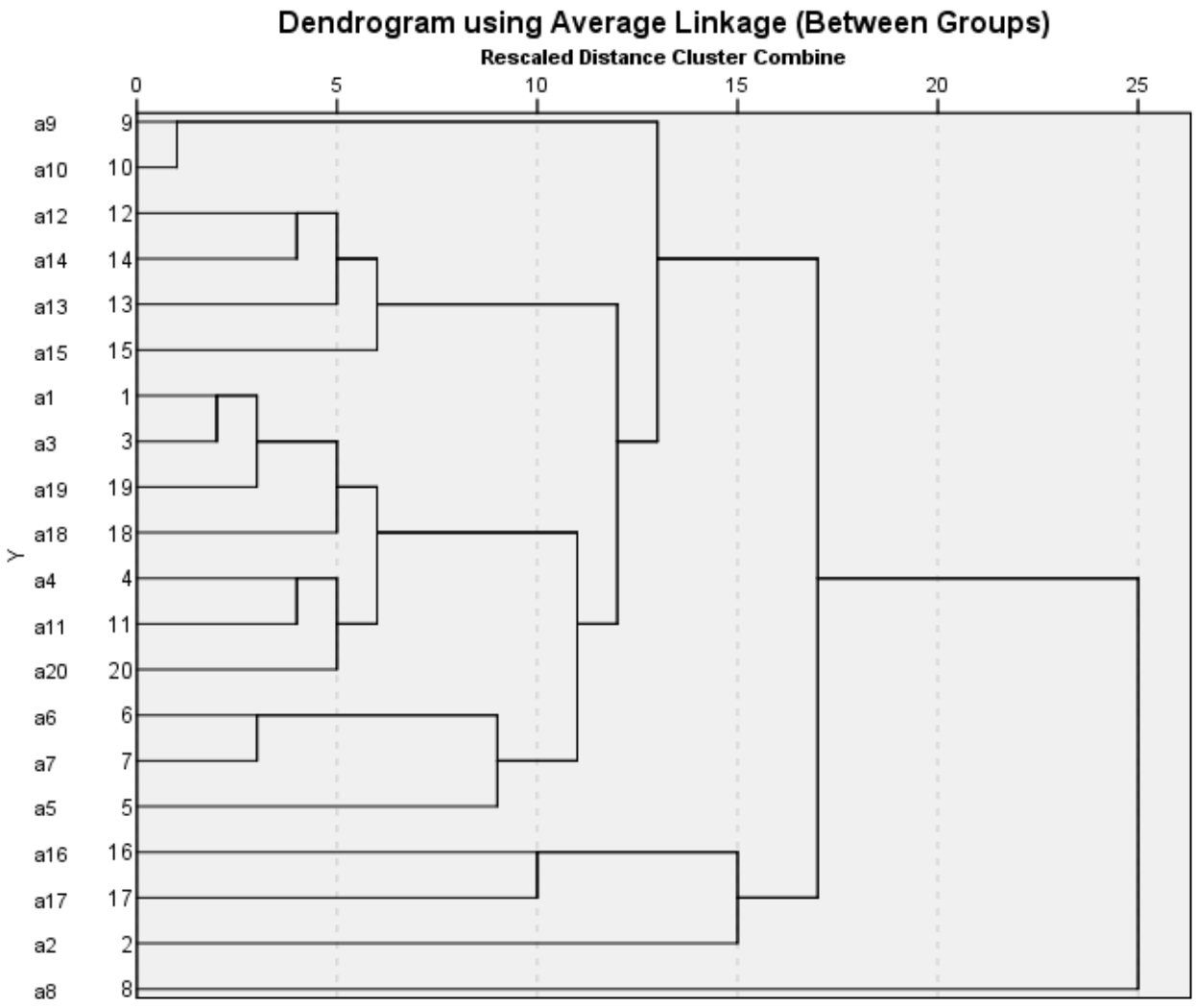
Rotated Factor Matrix[a]

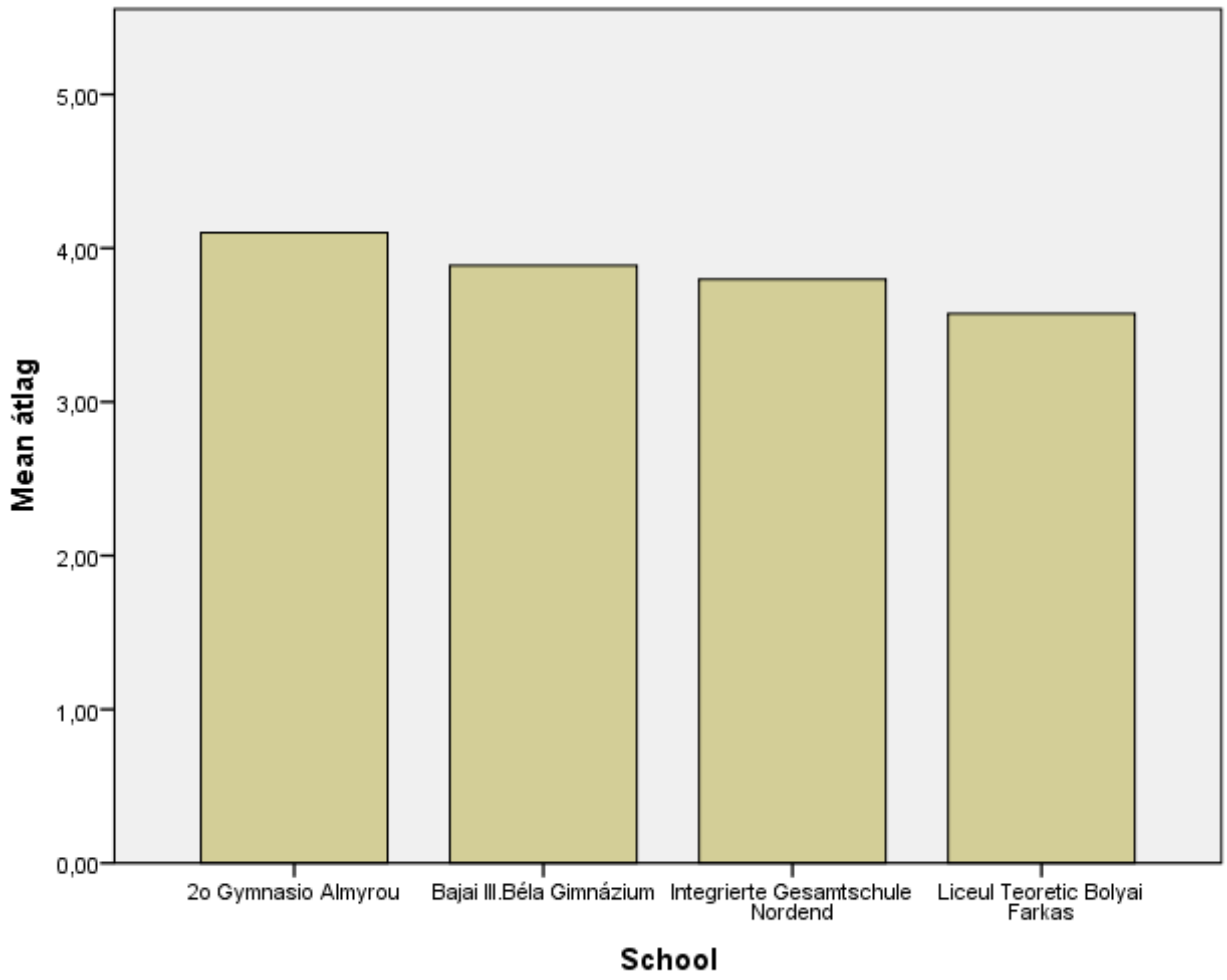
	Factor						
	1	2	3	4	5	6	7
a1	,018	,264	-,029	**,312**	-,158	,259	,049
a2	-,018	-,047	,094	,147	,037	,174	**,658**
a3	,137	,038	,118	,072	-,005	**,515**	-,040
a4	,036	-,196	,100	,098	,088	**,386**	,228
a5	,142	-,001	**,783**	,101	,003	,067	-,048
a6	-,022	,157	**,551**	-,098	,064	,268	,002
a7	,087	,058	**,635**	,046	,114	-,003	,203
a8	,115	,247	,029	-,083	,090	-,212	**,395**
a9	,043	**,737**	,051	,197	,143	-,056	-,026
a10	,073	**,880**	,168	-,061	,057	,059	,083
a11	,120	,044	-,023	**,305**	,186	,114	,196
a12	**,650**	-,045	,076	-,118	,147	,171	,063
a13	**,441**	,045	,110	-,088	,369	,082	,011
a14	**,720**	,008	,029	-,003	-,058	-,049	,000
a15	**,605**	,060	,117	,200	,189	-,064	,007
a16	,213	,091	-,021	-,037	**,427**	,041	-,017
a17	,000	,031	,145	,132	**,585**	-,042	,137
a18	**,361**	,087	-,005	,058	,024	,188	,039
a19	-,048	-,003	,011	**,608**	,015	,014	-,018
a20	,086	,111	,208	**,398**	,027	,321	,157

Extraction Method: Maximum Likelihood.

Rotation Method: Varimax with Kaiser Normalization.[a]

a. Rotation converged in 7 iterations.


Dendrogram using Average Linkage (Between Groups)
Rescaled Distance Cluster Combine
0
5
10
15
20
25
Y
a9 9
a10 10
a12 12
a14 14
a13 13
a15 15
a1 1
a3 3
a19 19
a18 18
a4 4
a11 11
a20 20
a6 6
a7 7
a5 5
a16 16
a17 17
a2 2
a8 8



School * iskola Crosstabulation

Count

		iskola				Total
		1	2	3	4	
School	2o Gymnasio Almyrou	0	46	0	0	46
	Bajai III.Béla Gimnázium	51	0	0	0	51
	Integrierte Gesamtschule Nordend	0	0	63	0	63
	Liceul Teoretic Bolyai Farkas	0	0	0	31	31
Total		51	46	63	31	191

	kód
2o Gymnasio Almyrou	2
Bajai III.Béla Gimnázium	1
Integrierte Gesamtschule Nordend	3
Liceul Teoretic Bolyai Farkas	4